



EDENMORE
COUNTRY CLUB

Indian Head Massage

This Ayurvedic massage is used to relieve tension, headaches, neck and back pain. By stimulating lymphatic drainage and improving circulation it alleviates stress, removes toxins and boosts the immune system. The treatment comprises massage of the upper back, shoulders, arms, neck, head and face. An extremely relaxing experience, great for the end of a long day.

For bookings and any other enquires contact the County Club on 9261 3838 or email countryclub@edenmore.com