

# Training Zone @ Edenmore



## Manual Handling Instructors Course

**Entry Requirements:**

None

**Target Audience:**

This manual handling instructor's course is aimed at supervisors, managers, training personnel or nominated employees who are required to have a sound knowledge and understanding in all areas of manual handling and the ability to impart knowledge to employees through theory and practice in a user friendly manner.

**Course Content:**

Programme includes health and safety foundations and management, Manual Handling Regulations and risk assessments, manual handling theory and practice, adult learning principles and presentation skills.

**Investment:**

£395 + vat (includes Manual Handling DVD, Manual and refreshments each day and your certificate)

**Venue:**

Edenmore Country Club

**To Book:**

Contact Dermot

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